



Garda Representative Association

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GRA launch “Pink and Blue Power Initiative”

Life-saving Programme for members of An Garda Síochána who are members of the GRA Group Life Assurance Plan

Dear colleague

The GRA is delighted to offer members of the GRA Group Life Plan, a new benefit, to avail of a ground-breaking Breast Health and Prostate Health Assessment and Education Programme. Under the banner “Pink Power” for women and “Blue Power” for men, members will get the vital opportunity to book a GP appointment for crucial education, a clinical physical examination and a referral for further tests if needed. If further investigation is required, members will get rapid access to a participating private hospital for scans and a biopsy.

The aim of the programme is to empower members with education and awareness on the signs and symptoms of breast and prostate cancer and could ultimately save lives. This GRA initiative is the first of its kind in An Garda Síochána and is supported by Cornmarket and clinically led and delivered by innovative service providers, Full Health Medical (GP partners), Beaumont Private Clinic and Bon Secours Hospitals in Dublin, Cork and Galway (referral partners).

All of us know someone who has been touched by cancer and are aware of the importance of early detection. Bearing in mind the associated dangers and stresses of the job of a Garda today, the GRA appeals to you to avail of this once-off opportunity for a Breast Health or Prostate Health GP appointment. Invitations to attend appointments will issue to over 9,000 eligible members of the GRA Life Assurance Plan in the coming months.

To make the programme as convenient as possible, the booking system is online. For that reason, it’s important that Cornmarket, the provider of the programme, has an up-to-date phone number and email address for you, so they can send you an invite when it’s available in your area.

Please update your phone number and email via the link below. You will be invited by Cornmarket if you are eligible for this potential lifesaving initiative.

27 lives potentially saved so far

This campaign was built in response to a high level of cancer claims in the GRA Group Protection Plans, with the ultimate goal of promoting awareness and providing a programme to help save lives. We strongly encourage members to participate.

- **Prostate cancer is the second most common cancer among Irish men**
- **1 in 7 men are diagnosed with prostate cancer during their life**
- **Breast cancer is the most common cancer in women in Ireland**

This programme has had a profound impact so far for other organisations and their members. Thousands have got lifesaving education and know how to spot the signs and symptoms of cancer. Most importantly, 27 people, who went through the programme, were diagnosed with cancer. Thankfully, their outlook was improved, due to the early detection and swift intervention provided through this programme.

Click on the link below to provide your contact details:

cornmarket.ie/update-your-details-gra/

YOUR DETAILS WILL NOT BE PASSED ON TO ANY THIRD PARTY

More information

How the programme works:

It will be available for a limited period of time. Full details will be in the invitation. It is 100% confidential and will be delivered by highly trained GP's and doctors.

Do I have to pay for anything?

(i) Pink Power

The cost of the Doctor/GP assessment is fully covered by your policy with Cornmarket. The cost of a referral including a consultation and scans (Mammogram and Ultrasound), where necessary, are also covered. Should you require a biopsy; the cost of the biopsy will only be covered if you do **not** have health insurance.

Any other expenses like travel, food, accommodation, surgeries or treatments and medication are **not** covered.

(ii) Blue Power

The cost of the Doctor/GP assessment and the cost of up to two referral consultations, if needed, are fully covered under your Cornmarket policy. Should you require an MRI/CT scan or biopsy; the cost will only be covered under your Cornmarket policy if you do **not** have health insurance.

Any other expenses like travel, food, accommodation, surgeries or treatments and medication are **not** covered.

Eligibility **Male members aged 40 – 65**, at the time the invitations issue to members of the GRA Group Life Plan.

Female members under 50 years at the time invitations issue to members of the GRA Group Life Plan. (Women over 50 years are eligible to partake in the national Breast Check screening programme).

Invitations: will only issue to members of the GRA Group Life Plan in the above categories who can then easily book their appointment online. To avail of this programme, you will need to ensure the provider of the programme has up-to-date contact details for you. If one life can be saved through this initiative, it will be worthwhile.

This new initiative, **for members of all ranks of the GRA Group Life Plan**, is about looking after your health, early detection and treatment, if necessary. With your cooperation, we are confident that this initiative will make a real difference to the health and wellbeing of our members.



Pat Ennis
General Secretary

21 August 2019